

ITALIAN CHOPPED SALAD

Dressing:

1/4 cup red wine vinegar
1 teaspoon Dijon
1 glove garlic, minced
1 teaspoon dried oregano (or Italian seasoning)
1/2 cup extra virgin olive oil
Salt and pepper

Whisk all ingredients together or place in a jar and shake. Season with salt and pepper.

Salad:

6-8 cups chopped lettuce - radicchio, romaine, leaf etc...
1 small can chick peas, rough chopped
1/4 lb salami sliced thin
1/4 pound sharp provolone sliced thin
1/2 red onion sliced thin
Cucumber, chopped
Cherry tomatoes, 1/4'd
Italian chopped vegetables from jar. Giardiniera

Add lettuce to bowl, add remaining ingredients little at a time and mix very well. Add dressing, little at a time, and continue with tasting and viewing what is needed. More lettuce, more meat, more veggies...serves 6+

Enjoy